

# Community Resource Guide

Updated Summer 2025

*The following Los Angeles County list contains known providers of various services. The providers on this list come from a variety of sources. This list is provided for informational purposes only, and the user should understand that no assurances or guarantees regarding the providers are being made by providing this list. No endorsements or recommendations are specifically being provided, and families must make individual contact with any agencies they are interested in. This list is not inclusive of all community agencies, services, or organizations that provide the particular service, and the omission of an agency, service, or organization from this list does not imply disapproval. It is the responsibility of the user of this list to determine whether any of the content is of value to them and whether or not the agency, service, or organization meets their specific needs.*

## Los Angeles County School District Information

### Family School Liaisons

Family School Liaisons (FSLs) are key support staff in every school district across Los Angeles County. FSLs work cooperatively with students, adult family members, school staff and community partners to remove barriers that prevent students from learning. They provide resource information and referrals for families who have specific needs such as health care, emergency assistance, or counseling. They use a strengths-based, holistic service approach that engages families as partners in the process of helping their students succeed. In addition to addressing specific concerns, FSLs offer preventive, proactive services to families centered on developmental information, family life cycle information, and topics such as safety, physical and mental health, and family fun.

### Teen Parenting Support

As applicable in LA County, many districts offer teen parenting support through school-based programs, though not uniformly county-wide. These services typically include case management, school stability supports, and referrals.

### Services for Homeless Students

A homeless student is defined as one who lacks a fixed, regular, and adequate nighttime residence. This includes students who are staying in transitional or emergency shelters, motels, sharing housing with other families due to a loss of housing or an inability to afford housing, abandoned in a hospital, staying in substandard housing or living in places not ordinarily used for sleeping, and students who have run away or have been thrown out of their homes. A homeless student may stay in the same school all year, if feasible, even if he/she moves, or may enroll in the school serving his/her temporary address.

Homeless students are automatically eligible to participate in school meals programs, instructional services under Title I, and other district supports such as tutoring and transportation.

Please contact your school's designated McKinney-Vento liaison, or the **Los Angeles County Office of Education (LACOE) Homeless Education Program (HEP)**:

Dr. Jennifer Kottke, County Homeless Liaison, (562) 922-6247, HomelessEd@lacoed.edu, for further assistance. ([Los Angeles County Office of Education](#))

### **Main Program Office**

Los Angeles County Office of Education – Homeless Education Program

12830 Columbia Way, Downey, CA 90242

(562) 922-6247 ([LA County Locator](#))

Schedule: Monday – Friday from 8:00 AM to 4:30 PM (standard county office hours)

### **Program Goals**

- Identify and meet the needs of students in homeless situations to maximize their success in school and minimize disruption of their education.
- Provide support and resources, including transportation, to maintain consistency and continuity in the educational process for students in homeless circumstances.
- Provide full access to educational programs and opportunities for homeless students that housed students receive.
- Engage parents and other adult caretakers in supporting the educational success of students in homeless situations.
- Coordinate services and supports for homeless students with community agencies and neighboring districts.

### **Program Services Include**

Services and supports are available so that every child achieves his or her potential!

- Immediate enrollment in school and removal of barriers to enrollment and participation—for example, obtaining replacement birth certificates and immunization records (AB 1733 supports free birth certificates for homeless students). ([lcoe.org](#), [cvuhsd.org](#))
- Transportation to and from school, and for extra-curricular activities when feasible.
- School supplies, backpacks, school clothes and other daily living and enrichment items.
- Funds to replace library and textbooks lost due to homelessness and to purchase books for homeless students to own.
- Activity and field trip fees.
- Tutoring to help students catch up and stay current. (e.g. School on Wheels provides tutoring for K–12 homeless students across LA County) ([cvuhsd.org](#), [Wikipedia](#))
- Case management, support services, and on-site mental health counseling via district or county partnerships.
- Access to free meals, extracurricular programs, and academic supports like Title I tutoring and school-based counseling.

### **Who Can We Help?**

Children and youth in temporary housing situations may be eligible for services and have certain

legal rights if they are:

- Living with a friend, relative, or someone else because they lost their home or can't afford housing, or are runaways;
- Staying in a motel or hotel;
- Living in an emergency or transitional shelter;
- Staying in substandard housing;
- Living in a car, park, public place, abandoned building, or bus or train station;
- Living in a campground or inadequate trailer home;
- Abandoned in a hospital;
- Living in a runaway or homeless youth shelter.

*Note: Consideration of each individual case, along with the permanency of the situation, may be needed to determine eligibility for services. ([Los Angeles County Office of Education](#), [emcsd.org](#), [Wikipedia](#), [gusd.net](#))*

## **Area Resources (Emergency Shelter, Transitional Housing, and Support Services)**

### **Available emergency shelter space across Los Angeles County**

- **Los Angeles Homeless Services Authority (LAHSA)** – 24-hour hotline for shelter access: **Families call 211**, adults or youth in crisis call **1-800-548-6047** for shelter ([LAHSA](#), [LAHSA](#)).
- **Youth Emerging Stronger**  
Offers emergency shelter and transitional living for minor runaways and homeless youth (ages 12–17), plus Transitional Living Programs (TLP) for youth aged 18–24 for up to 18–24 months, focusing on trauma-informed care and family reunification when safe. Email or call **323-240-2253**, [Info@YouthEmergingStronger.org](mailto:Info@YouthEmergingStronger.org) ([Los Angeles Education Corps](#)).
- **Midnight Mission**  
Skid Row based homeless services hub offering emergency services, safe-sleep programs, meals, recovery programs, education, job training, family housing, and workforce development.  
Contact: **(213) 624-9258**, **601 S San Pedro St, Los Angeles, CA 90014** ([Midnight Mission](#)).
- **Weingart Center for the Homeless**  
Located in Skid Row, it offers short-term and transitional residential housing, medical and mental health services, substance abuse recovery, education, workforce development, permanent supportive housing, and on-site meals.

- **Dream Center (Echo Park)**  
Provides faith-based food banks, clothing, and assistance programs for victims of disaster, domestic violence, drug addiction, human trafficking, and incarceration. In 2025, supported LA fire victims with housing, clothing, groceries, and meals.

### **Transitional & Supportive Housing & Coordinated Entry**

- **Los Angeles County Coordinated Entry System (CES)**  
Network aligning homeless support emergency shelter, transitional housing, and permanent supportive housing. Participating agencies include Valley Oasis, LA Family Housing, Village Family Services, Union Station Homeless Services, PATH, The People Concern, LA LGBT Center, The Whole Child, and more. ([211 LA](#)).
- **LA Continuum of Care (CoC)**  
Oversees emergency shelter, transitional housing with support services, and permanent supportive housing in the LA region. ([LAHSA](#)).

### **Legal, Hotline & Referral Services**

- **211 LA County**  
Dial 2-1-1 for referrals to shelters, food banks, legal services, clothing providers, domestic violence help, substance abuse programs, and more. Offers coordinated entry for families and youth as part of CES. ([pubdef.lacounty.gov](http://pubdef.lacounty.gov)).
- **Stay Housed LA County (Tenant Legal Help)**  
Provides legal assistance and tenant rights information to help renters avoid eviction. ([ELAC](#)).
- **Penny Lane**  
Youth (aged 16–24) access showers, laundry, meals, bus passes, job prep, housing, and mental health support. Located at **5628 E Slauson Ave, Commerce, CA 90040**. Call **(323) 353-6118** (T–F 1–7 pm, Sat 8 am–8 pm) ([ELAC](#)).
- **The Whole Child**  
Supports families and adults with children facing homelessness or unstable housing. Offers case management and referrals. ([ELAC](#)).

### **Statewide and Emergency Hotlines**

- **California Youth Crisis Line (CYCL)**  
Toll-free, 24/7 crisis support and referrals for youth (ages 12–24) and families: **1-800-843-5200** ([Los Angeles Education Corps](#)).

## **FOOD SUPPLY / PANTRIES & MEAL PROGRAMS**

### **Los Angeles Regional Food Bank**

The Mobile Food Pantry delivers nutritious produce and perishable items directly to underserved communities across Los Angeles County. In 2022, it distributed millions of pounds of food to more than 600 partner agencies via refrigerated trucks, making thousands of grocery packages more accessible.

**(Phone: (323) 234-3030)** ([Los Angeles Regional Food Bank](#))

You can also use their online locator to find local partner agencies offering food pantries, emergency groceries, and meal services. ([Los Angeles Regional Food Bank](#))

### **St. Francis Center – Hunger Relief & Pantry Programs**

Located in Skid Row, this organization provides warm, nutritious breakfasts six days a week to unhoused guests and includes sack lunches. They also offer groceries to extremely low-income families, seniors, and students via their pantry program. Additional services include showers, clean clothing, hygiene items, and case management. ([St. Francis Center](#))

### **The Midnight Mission – Skid Row Meal Services**

Offers three hot meals a day to anyone visiting their Skid Row kitchen, as well as sack lunches for schoolchildren. The schedule includes breakfast, lunch (not served on Sundays), and dinner for both families and the general population. ([Midnight Mission](#))

### **Feed My Poor's (FMP) Mobile Kitchen**

Operates a food truck (“Big Mama”) that delivers hot, freshly cooked meals to locations across LA County. Skid Row, MacArthur Park, Hollywood, Koreatown, Venice Beach, Culver City, Santa Monica, and more. The program serves around 300–400 hot meals daily and includes a “To-Go” meal delivery model, providing roughly 400 pre-made meals six days a week. ([LA2050](#))

### **Shepherd's Pantry – Hope & A Helping Hand**

With locations in Glendora, Irwindale, and El Monte, this faith-based organization provides food, clothing, haircuts, and resource counseling to community members in need. ([Shepherd's Pantry](#))

### **Food on Foot**

Hosts weekly “Sunday Serving” events where volunteers distribute meals, clothing, and vital resources to unhoused neighbors. Additional services include life-skills workshops, 1-on-1 mentorship, and long-term support programs to help participants secure jobs, housing, and stability. ([foodonfoot.org](#))

### **LA County Health Services – Clinic-Based Food Resources**

If you're receiving care at various LA County health centers (e.g. Edward R. Roybal, Martin Luther King Jr. Outpatient, Harbor-UCLA, etc.), speak with your clinic staff or social worker about on-site food programs. The Department of Public Social Services can also help connect

you to CalFresh/SNAP and pantry referrals via **211 LA County** or the Food Oasis LA online directory. ([dhs.lacounty.gov](https://dhs.lacounty.gov))

## **TRANSPORTATION**

### **LA Metro**

Provides bus, rail, and paratransit services throughout Los Angeles County.

Customer Service: **(323) GO-METRO (323-466-3876)**

Trip planner and schedules: [metro.net](https://metro.net)

### **Access Services (Paratransit)**

Shared-ride, curb-to-curb service for qualified individuals with disabilities who cannot use regular public transit.

Reservations & Info: **(800) 883-1295**

Website: [accessla.org](https://accessla.org)

### **211 LA County Transportation Assistance**

Call **2-1-1** for referrals to free or low-cost transportation programs for seniors, people with disabilities, veterans, or those in medical crisis.

### **Low-Income Fare is Easy (LIFE) Program**

Offers discounted or free transit passes for eligible LA County residents. Apply through participating transit agencies or at [metro.net/life](https://metro.net/life).

## **CLOTHING**

### **St. Francis Center – Clothing Program**

Provides clean, gently used clothing to low-income and unhoused individuals. Includes seasonal items, work attire, and shoes.

Location: **1835 S Hope St, Los Angeles, CA 90015**

Phone: **(213) 747-5347**

Website: [stfranciscenterla.org](https://stfranciscenterla.org)

### **The Midnight Mission – Clothing Services**

Offers clothing, shoes, blankets, and hygiene items to anyone in need, along with laundry facilities for program participants.

Location: **601 S San Pedro St, Los Angeles, CA 90014**

Phone: **(213) 624-9258**

Website: [midnightmission.org](https://midnightmission.org)

### **Union Rescue Mission – Thrift Store & Clothing Distribution**

Provides clothing vouchers for low-income families and individuals.

Location: **545 S San Pedro St, Los Angeles, CA 90013**

Phone: **(213) 347-6300**

Website: [urm.org](http://urm.org)

### **LA County DPSS CalWORKs Welfare-to-Work Clothing Assistance**

Eligible participants can receive clothing for work, job interviews, or training programs.

Contact your local DPSS office: [dpss.lacounty.gov](http://dpss.lacounty.gov)

### **Los Angeles LGBT Center – Youth Services**

Provides free clothing, hygiene supplies, and laundry facilities for LGBTQ youth experiencing homelessness.

Location: **1625 N Schrader Blvd, Los Angeles, CA 90028**

Phone: **(323) 993-7400**

Website: [lalgbtcenter.org](http://lalgbtcenter.org)

## **EMPLOYMENT**

### **Call 211 LA County**

Dial **2-1-1** for referrals to local job training programs, job fairs, and employment assistance services.

### **America's Job Centers of California (AJCC) – Los Angeles County**

Free employment services including job search assistance, resume help, interview prep, and training programs.

Find your nearest AJCC: [edd.ca.gov/en/Office\\_Locator](http://edd.ca.gov/en/Office_Locator) or call **(877) 872-5627**.

### **WorkSource Centers – City of Los Angeles**

Network of employment centers offering free job placement, vocational training, career counseling, and resources for special populations (veterans, youth, justice-involved individuals, etc.).

Website: [ewddlacity.com](http://ewddlacity.com) | Phone: **(213) 744-7300**

### **California Employment Development Department (EDD)**

State agency offering unemployment insurance, disability insurance, paid family leave, job listings, and training programs.

Website: [edd.ca.gov](http://edd.ca.gov) | Phone: **(800) 300-5616**

### **Chrysalis**

Nonprofit providing job readiness training, resume workshops, interview clothing, and transitional jobs for people overcoming barriers to employment.

Locations in Los Angeles, Santa Monica, Anaheim, and the Inland Empire.

Website: [changeLives.org](http://changeLives.org) | Phone: (213) 806-6300

### **Downtown Women's Center – Employment & Job Readiness**

Offers women experiencing homelessness or poverty skills training, supported employment, and connections to permanent jobs.

Website: [downtownwomenscenter.org](http://downtownwomenscenter.org) | Phone: (213) 680-0600

### **Job Search Engines**

- [CaJOBS](#) – California's official job search platform
- [Indeed.com](#)
- [LinkedIn Jobs](#)

## **CHILD AND YOUTH SERVICES**

### **Early Head Start & Head Start – Los Angeles County**

Free early education programs for income-eligible families with children ages 0–5. Includes health screenings, meals, and family support services.

Find a location: (844) 543-7515 | [lacoedu](http://lacoedu)

### **Los Angeles County Office of Education – Foster Youth Services**

Supports foster youth with academic case management, tutoring, advocacy, and linkage to resources.

Phone: (562) 922-6161 | [lacoedu/fosteryouth](http://lacoedu/fosteryouth)

### **School on Wheels**

Provides free one-on-one tutoring and mentoring to children experiencing homelessness, grades K–12, throughout Los Angeles County.

Phone: (213) 896-9200 | [schoolonwheels.org](http://schoolonwheels.org)

### **Big Brothers Big Sisters of Greater Los Angeles**

Matches children ages 6–18 with caring, adult mentors for guidance, friendship, and support.

Phone: (213) 213-2400 | [bbbsla.org](http://bbbsla.org)

### **Boys & Girls Clubs of Metro Los Angeles**

Safe, affordable after-school and summer programs offering academics, sports, arts, and leadership development.

Phone: (323) 846-7334 | [bgcmla.org](http://bgcmla.org)

### **Children's Institute**

Offers mental health services, youth development programs, and early childhood education for

children affected by trauma, poverty, or systemic inequities.

Phone: (213) 385-5100 | [childrensinstitute.org](http://childrensinstitute.org)

### **Los Angeles County Department of Children and Family Services (DCFS) – Child Protection Hotline**

Report suspected child abuse or neglect. Available 24/7.

Phone: (800) 540-4000 | TDD: (800) 272-6699 | [dcfs.lacounty.gov](http://dcfs.lacounty.gov)

### **Child Care Resource Center (CCRC)**

Helps families find and pay for licensed child care and early learning programs.

Phone: (866) 674-5437 | [ccrcca.org](http://ccrcca.org)

### **Abuse Prevention and Intervention – Los Angeles County**

- **Childhelp National Child Abuse Hotline** – 1-800-422-4453 (24/7)
- **Children’s Advocacy Center (LAC+USC)** – Forensic interviews, medical exams, counseling for abused children. Phone: (323) 409-6829
- **Los Angeles County Domestic Violence Hotline** – (800) 978-3600

## **CAREGIVER RESOURCES (SUPPORT GROUPS)**

### **Our House Grief Support Center**

Provides grief support groups for children, teens, and adults who have lost a loved one.

Phone: (888) 417-1444 | [ourhouse-grief.org](http://ourhouse-grief.org)

### **Cancer Support Community Los Angeles**

Free support groups, counseling, educational workshops, and healthy lifestyle classes for those impacted by cancer.

Phone: (310) 314-2555 | [cancersupportla.org](http://cancersupportla.org)

### **Al-Anon and Alateen – Los Angeles County**

Support groups for families and friends of alcoholics. Meetings available countywide.

Phone: (818) 760-7122 | [alanonla.org](http://alanonla.org)

### **NAMI Los Angeles County**

National Alliance on Mental Illness – offers family support groups, education classes, and advocacy for people affected by mental illness.

Phone: (310) 889-7200 | [namiglac.org](http://namiglac.org)

### **The Children’s Burn Foundation**

Support services for children with burn injuries and their families, including counseling and peer

support.

Phone: (818) 907-2822 | [childburn.org](http://childburn.org)

### **Grandparents As Parents (GAP)**

Provides support groups, case management, and resources to grandparents and other relatives raising children.

Phone: (818) 264-0880 | [grandparentsasparents.org](http://grandparentsasparents.org)

### **Disability Community Resource Center (DCRC)**

Offers peer support groups, advocacy, independent living skills training, and referrals for people with disabilities.

Phone: (310) 390-3611 | [dcrc.co](http://dcrc.co)

### **The Whole Child – Parenting Support Groups**

Provides workshops and support groups focused on child development, positive discipline, and family communication.

Phone: (562) 692-0383 | [thewholechild.org](http://thewholechild.org)

### **Hearing Loss Association of America – Los Angeles Chapter**

Monthly support groups for people with hearing loss and their families.

Email: [info@hlaa-la.org](mailto:info@hlaa-la.org) | [hlaa-la.org](http://hlaa-la.org)

## **HEALTHCARE SERVICES**

### **Vaccination Information – Vaccines for Children (VFC) Program**

Provides free vaccines for eligible children through participating clinics and providers.

Find a provider: [eziz.org](http://eziz.org) | Call 2-1-1 LA County

### **Los Angeles County Department of Public Health Clinics**

Offer immunizations, TB testing, family planning, STD testing, and other preventive health services.

Info Line: (213) 240-7941 | Clinic locator: [publichealth.lacounty.gov](http://publichealth.lacounty.gov)

### **LA County Department of Health Services (DHS) Clinics**

Provides primary care, urgent care, dental care, and specialty services for all LA County residents, regardless of ability to pay. Sliding fee scale available.

Info: (844) 804-0055 | [dhs.lacounty.gov](http://dhs.lacounty.gov)

### **LA Care Health Plan – Community Resource Centers**

Offer free health screenings, exercise classes, nutrition workshops, and help with Medi-Cal enrollment.

Phone: (888) 839-9909 | [lacare.org](http://lacare.org)

### **Venice Family Clinic**

Comprehensive free and low-cost health services including medical, dental, mental health, vision, and substance use treatment.

Phone: **(310) 392-8636** | [venicefamilyclinic.org](http://venicefamilyclinic.org)

### **St. John's Community Health**

Provides low-cost or free medical, dental, vision, pharmacy, and behavioral health care across multiple locations in LA.

Phone: **(323) 541-1600** | [seeourimpact.org](http://seeourimpact.org)

### **T.H.E. (To Help Everyone) Health and Wellness Centers**

Offers primary care, pediatrics, OB/GYN, dental, behavioral health, and substance use treatment.

Phone: **(323) 730-1920** | [tohelpeveryone.org](http://tohelpeveryone.org)

### **GoodRx**

Compare prescription drug prices and find coupons for lower costs.

Website: [goodrx.com](http://goodrx.com)

### **Children's Hospital Los Angeles (CHLA) – Financial Assistance**

Helps families cover medical costs for children needing specialized care.

Phone: **(800) 421-2462** | [chla.org](http://chla.org)

### **Vision Services**

- **Helen Keller Intl – Vision Program:** Free eye exams and glasses for eligible children. Call **(212) 766-9199** (LA office)
- **Lions Club International – LA County Chapters:** Low-cost or free vision screenings and eyeglasses. Call **(800) 747-4448**

### **Dental Services**

- **USC School of Dentistry** – Low-cost dental care provided by supervised dental students. Call **(213) 740-2800**
- **Ayuda Community Center Dental Clinic** – Affordable dental care for uninsured/low-income residents. Call **(323) 232-7071**

## **MENTAL HEALTH – INPATIENT**

### **Los Angeles County Department of Mental Health (LACDMH)**

Provides inpatient and outpatient services for children, youth, and adults experiencing a mental health crisis.

24/7 Help Line: (800) 854-7771 | [dmh.lacounty.gov](http://dmh.lacounty.gov)

### **Didi Hirsch Mental Health Services**

Specializes in suicide prevention, crisis counseling, inpatient psychiatric care, and outpatient therapy.

Phone: (888) 807-7250 | [didihirsch.org](http://didihirsch.org)

### **Aurora Charter Oak Hospital**

Psychiatric hospital offering inpatient, partial hospitalization, and intensive outpatient programs for youth and adults.

Phone: (626) 966-1632 | [auroracharteroak.com](http://auroracharteroak.com)

### **BHC Alhambra Hospital**

Provides inpatient psychiatric care for children, adolescents, and adults, as well as chemical dependency services.

Phone: (626) 286-1191 | [bhcalhambra.com](http://bhcalhambra.com)

## **MENTAL HEALTH – INTENSIVE OUTPATIENT**

### **Didi Hirsch Mental Health Services – Intensive Outpatient**

Structured therapy programs for individuals needing more support than weekly counseling but not full hospitalization.

Phone: (888) 807-7250 | [didihirsch.org](http://didihirsch.org)

### **Pacific Clinics**

Offers intensive outpatient programs (IOP) for children, youth, and adults, including school-based mental health services.

Phone: (626) 254-5000 | [pacificclinics.org](http://pacificclinics.org)

### **Exodus Recovery**

Provides partial hospitalization and intensive outpatient services for mental health and substance use disorders.

Phone: (310) 237-0454 | [exodusrecovery.com](http://exodusrecovery.com)

## **MENTAL HEALTH – COMMUNITY OUTPATIENT SERVICES**

### **LACDMH Directly Operated Clinics & Contract Providers**

Offers therapy, medication management, case management, and crisis intervention at no or low cost.

24/7 Help Line: (800) 854-7771 | Clinic locator: [dmh.lacounty.gov](http://dmh.lacounty.gov)

### **Step Up on Second**

Supportive housing and mental health services for individuals experiencing chronic homelessness and mental illness.

Phone: (310) 394-6889 | [stepuponsecond.org](http://stepuponsecond.org)

### **El Centro de Amistad**

Bilingual outpatient mental health services for children, adults, and families in the San Fernando Valley.

Phone: (818) 898-0223 | [elcentrodeamistad.com](http://elcentrodeamistad.com)

## **SUBSTANCE ABUSE TREATMENT**

### **Tarzana Treatment Centers**

Comprehensive substance use treatment including detox, residential rehab, outpatient care, and mental health services.

Phone: (818) 996-1051 | [tarzanatc.org](http://tarzanatc.org)

### **Cry Help, Inc.**

Residential drug and alcohol rehab programs for adults in the San Fernando Valley.

Phone: (818) 891-4811 | [cryhelpinc.org](http://cryhelpinc.org)

### **Clare|Matrix**

Offers inpatient and outpatient treatment programs for substance use disorders, including specialized services for women and pregnant individuals.

Phone: (866) 452-5273 | [clarefoundation.org](http://clarefoundation.org)

### **Alcoholics Anonymous (AA) Los Angeles Central Office**

Free 12-step meetings for individuals seeking recovery from alcohol use disorder.

Phone: (323) 936-4343 | [lacoaa.org](http://lacoaa.org)

### **Al-Anon/Alateen Los Angeles County**

Support groups for family members and friends of people with alcohol addiction.

Phone: (818) 760-7122 | [alanonla.org](http://alanonla.org)

## UTILITY ASSISTANCE

### **211 LA County**

Call 2-1-1 for referrals to local programs that help with electricity, gas, water, internet, and phone bills for eligible households.

Website: [211la.org](http://211la.org)

### **Low-Income Home Energy Assistance Program (LIHEAP) – LA County**

Provides financial assistance for heating, cooling, and weatherization services to low-income households.

Phone: (866) 675-6623 | Website: [csd.ca.gov](http://csd.ca.gov)

### **Southern California Edison (SCE) – Energy Assistance Fund (EAF)**

One-time bill payment assistance for qualifying SCE customers.

Phone: (800) 447-6620 | [sce.com](http://sce.com)

### **Southern California Gas Company (SoCalGas) – CARE & Energy Savings Assistance Programs**

Discounted rates and free energy-saving home upgrades for eligible households.

Phone: (877) 238-0092 | [socialgas.com](http://socialgas.com)

### **Los Angeles Department of Water and Power (LADWP) – Low Income Discount Program**

Reduces water and power bills for qualifying customers.

Phone: (800) 342-5397 | [ladwp.com](http://ladwp.com)

### **Lifeline Telephone Program (California LifeLine)**

Provides discounted home or cell phone service for eligible low-income households.

Phone: (877) 858-7463 | [californialifeline.com](http://californialifeline.com)

### **Affordable Connectivity Program (ACP)**

Federal program offering discounted internet service and devices for eligible households.

Apply at: [affordableconnectivity.gov](http://affordableconnectivity.gov)

## OTHER ASSISTANCE

### **Los Angeles County Department of Public Social Services (DPSS)**

Provides CalFresh (food stamps), Medi-Cal, CalWORKs cash aid, and General Relief.

Customer Service: (866) 613-3777 | [dpss.lacounty.gov](http://dpss.lacounty.gov)

### **Catholic Charities of Los Angeles**

Offers food, shelter, immigration legal services, disaster relief, and financial assistance.

Phone: (213) 251-3400 | [catholiccharitiesla.org](http://catholiccharitiesla.org)

**Salvation Army Southern California**

Emergency shelter, food, rental assistance, utility help, and case management.

Phone: (323) 437-0600 | [salvationarmy-socal.org](http://salvationarmy-socal.org)

**St. Vincent de Paul of Los Angeles**

Emergency financial assistance, clothing, food, and transitional housing.

Phone: (888) 552-7872 | [svdpla.org](http://svdpla.org)

**Los Angeles Regional Food Bank**

Food distribution through hundreds of partner agencies across LA County.

Phone: (323) 234-3030 | [lafoodbank.org](http://lafoodbank.org)